

## **Cafeteria**

### **Lesson Plan for Teaching School Wide Expectations in Specific Settings**

Review of school-wide expectations: Use this lesson after a break to refresh expectation of behaviors. Engadine Staff will use the catch phrase “SOARR” to assist in students recalling “safe”, “orderly”, “achievement”, “responsible”, and “respectful”. Student will also be expected to say the expectations aloud in their classrooms in an effort to make them memorable. Posters and other visuals will also be used to assist in the process.

#### **Instructional location: Cafeteria**

**Materials:** Right way/Wrong way signs(thumbs up/thumbs down), lunch trays, food on the salad bar, lunch tables, cafeteria behavior signs, several adult volunteers

Behaviors that demonstrate school-wide expectation in the specific setting (e.g., listed on the school-wide matrix)

- Voice level 2
- Take only what you can eat
- Keep all food to self
- Say please and thank you
- Chew with your mouth closed

#### **Teaching Plan:**

**Rationale:** (say) We need to feed our bodies to get our minds ready to learn. We come to the cafeteria to eat. We want to eat our breakfast and lunch in a way that everyone is safe and orderly.

In the cafeteria, we will show respect for others by using our manners. We will learn to chew with our mouths closed, say please and thank you, and use level 2 voices. By doing these things, we will help everyone around us to enjoy their lunches.

We have responsibility in the lunch room. As we go to the salad bar, we have the responsibility to take only what we can eat. We will learn to take care of our trays and clean up our eating space . When we follow through with our responsibilities, our lunch room is a good place to eat.

Staff will announce behavior expectation to the class, define it, and discuss the rationale. Say:

- Voice level 2. Speaking in a “table talk” voice means speaking quietly so the person next to you can hear, but your voice cannot be heard across the room. When we speak with a voice level two, it is quieter in the cafeteria. It is orderly and respectful. Using thumbs up or thumbs down, decide if we are using a voice level 2. (Show an example of the wrong way, and then the right way.)

- Take only what you will eat. Taking too much food is wasteful. The expectation is that you will only take the amount of food off the salad bar that you will eat. You may get more if you are still hungry. Taking only what you will eat is respectful. (Show an example of the wrong way, and then the right way.)
- Chew with your mouth closed. Chewing with your mouth closed is respectful of others. It shows good manners to keep your lips shut and keep your food in your mouth. . (Show an example of the wrong way, and then the right way.)
- Say please and thank you. Saying please and thank you is another way to SOARR and be respectful. . (Show an example of the wrong way, and then the right way.)
- Clean up area, put your tray up. When you are finished eating, you need to look around your tray. Are there pieces of food that you can pick up? Is your garbage and silverware on your tray? Did you leave your area neat? This is keeping our cafeteria safe and orderly, and showing respect for our school and the kitchen workers and other students. (Show an example of the wrong way, and then the right way.)

To help our students SOARR in the cafeteria, every table has a star chart. Our cafeteria is our “5-Star Café”. For every day a class table stays at a voice level 2, the class receives a star. Once five days occur, that group of students receives five extra minutes of recess.